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September Issue

A monthly newsletter provided by the Leadership Institute enhances our commitment to supporting you and sharing the latest in leadership.

TUNE OUT TO TUNE IN

Add some rhythm to your reading. Play this track while you scroll.

Music use at work correlates with higher satisfaction & productivity.

In a study published in *PMC*, different kinds of music use at work (cognitive, emotional, background) were associated with improvements in satisfaction, which in turn were linked to higher self-reported productivity. <u>CLICK HERE</u> for more detials on the study.





A Generational Glossary

Turns trendy phrases into practical leadership insights for motivating and engaging younger employees.

This Month's Term: "It's giving..."

Gen Z usage: Used to describe the overall vibe or impression something creates.

Example: "This presentation is giving CEO energy."

Gen X translation: "This reminds me of..." / "This conveys the feeling of..."

Leadership Insight:

When a younger employee says "It's giving...", they're highlighting the **tone**, **style**, **or impact** of a project, leader, or workplace moment. Leaders can take this as feedback about how their actions (or the organization's culture) are being perceived. By paying attention to these cues, Gen X leaders can better align their communication and leadership presence with the positive impressions their teams value.

UPCOMING EVENTS

Don't miss our upcoming FREE webinar!

How the Power of Connection Promotes Success

Participants will learn the importance of creating intentional connections among employees at work is essential to the success of any organization or group of people. In this webinar, we'll explore the research that supports the impact of an employee's sense of connectedness to their performance.

AUG. 28	Extinguish the Flame of Burnout
SEPT. 30	How the Power of Connection Promotes Success
ост. 23	"My Door is always open"or is It?
Nov.	Leading & Supporting Employees with ADHD
DEC. 11	People Aren't Stupid, Just Different Perspectives

L.I.V.E. CSU

At CSU, we're committed to investing in our people. Our internal leadership program offers opportunities for both personal growth and professional enrichment.





MENTOR MATCH

CSU is piloting MentorMatch with 10 mentor-mentee pairs from October 2025 to March 2026, reflecting our determination to strengthen campus engagement with the goal of extending that impact into the wider community. Those not matched may pursue other professional development opportunities and will be considered for the January–June 2026 cohort.

If you are a CSU employee, click the icon for more detials.



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